



Hastings



March 2022 Autumn

President's Blurb:

I'm having a wonderful adventure visiting various special interest groups. I arrive with my camera and note book in hand ready to record the goings on.

My camera can record some things... yes, it will pick up who we are, what we are doing and the obvious enjoyment we are experiencing.

My notebook is to record the words and the feeling that exudes from individuals and the group as a whole.

I feel the passion to celebrate and share our knowledge and skills. The fun, enjoyment, laughter, support, encouragement, energy and camaraderie is heartfelt, open and palpable.

It is such a joy to see and feel this special energy from everyone.

I feel that the camaraderie is a major reason we are part of U3A.

I am planning on visiting every group during the next few months along with my camera and notebook. Conveners, please call me! It gives me a real buzz when you do!

I'm also out and about in the community and spreading the word about U3A. I am delighted with the response from the people I meet.

Fresh ideas are bubbling up.

Who knows what will come of all this.....long term?

What I do know is that I am delighted and energised to be part of this organisation.

Keep the magic and miracles flowing.....

You are all inspiring!

President Pam

Our next coffee morning:

Tuesday 8th March, 2022

At: Bridge Club, 911 Railway Rd South, Hastings

At: 9.45am

It's coming up quickly. We're ready to have a cuppa and hear another interesting talk from our guest speaker, Kathryn Perks.

Please ensure that you have your Vaccine Pass available for viewing. This is a mandatory requirement of both the Hastings Bridge Club and U3A Hastings.

Guest Speaker: Kathryn Perks

Kathryn Perks, a member of our U3A, is the author of 'When I Die', an end of life planner and workbook.



'When I Die' is a helpful resource in which to record all the 'other' stuff that may not be recorded in your will, such as personal identification information (required for death certificate), contact details and how to notify family, friends and professionals, preference for body disposal, funeral/memorial service, financial (bank accounts, income, business and property ownership), memberships, subscriptions, insurances, distribution of items not included in your will, on-line registrations etc.

The 'When I Die' workbook puts everything in one place and is designed to assist your family, legal professional and executor with the administration of your estate.

'When I Die' normally retails for \$25, however copies will be available to U3A members on the 8th of March for the special price of \$20.

Special interest group updates

Petanque: Faye Alexander

I had a most enjoyable hour or so when I visited Faye and her group at Summerset in the Orchard on a very hot sunny morning.

Petanque is a low tech activity that is inexpensive and easily accessible. It provides social stimulation, is friendly and fun. It can also create exhilarating challenges and intense competition.

Snippets:



"Well Done!"

"I could see that happening!"

"That finished on the right note!"



Living Language: Erica Tenquist:

Subject: How do you hang out your washing?

On hearing this my mind went crazy.....from "What kind of subject is that?" to... "Wow, this will be very interesting."

And it certainly created a delightful, funny and insightful discussion among the 15 enthusiastic members.

This Special Interest Group has been meeting for some 8 or 9 years covering many interesting subjects and always different.

Snippets:



Son talking to Mum "Don't hang my clothes on the line anymore. You don't do it properly"

"My housekeeper hangs my clothes out and it's all over the place. Makes me cringe! I've just had to get used to it. The clothes still dry!

My brother is very particular...green pegs for towels, blue pegs for underwear, Yellow for And so on !!!

Does this say something about our personality?

I quickly learnt to double peg my clothes to the line in Wellington...That way I didn't need to go out hunting for them in the neighbourhood.

Bike Riding Group: Diane Brown



Another stunning day for a very pleasant ride.

Historical Amblers: Fay Julian

A walk and talk time learning about a number of the community art works in Hastings.

John Eden's delight and knowledge of these amazing works of art was very interesting, although we introduced him to one he didn't know about!



Slow Stitching: Pam

A soothing, simple and satisfying start to my group. I look forward to our next stint of doodling and dabbling!

January's Guest Speaker: Marian Campbell:



Marian kept us enthralled about her incredibly amazing walk over the Te Araroa Trail, the Long Path, a 3000km long path stretching the length of New Zealand from Cape Reinga to Bluff. A great walk that had many meanderings off trail and was undertaken to support her favourite cause, the Graeme Dingle Foundation. Her account had us laughing and stunned, her photos left us breathless and in awe of what she put herself through in order to finish. At times her only thought was to "Just take another step!"

I'd happily attend more of her talks... there is so much more to learn.

Thank you so much, Marian...

Committee Members:

Past President: Shirley Hapuku 8768181

Secretary: Narelle de Frere 8703634

Treasurer: Hazel Sturm 8786672

Catering: Diane Brown 8765467

Membership: Pamela Lisamore 8762229

President: Pam de Frere 021 632889

Almoner: Karin Riley 8774163

Newsletter: Pam de Frere

Faye Alexander 021 365567

Hillary Bullo 021 02312400

New committee members:

Faye Alexander and Hillary Bullo have joined us on committee to help out. Many thanks to you both.

Dates for your diary: June 14th June (Luncheon. To be confirmed) September 13th Coffee morning, November 8th AGM.

We'll keep you up to date.

That's my lot!

Remember: You have brains in your head, you have feet in your shoes,

You can steer yourself in any direction you choose

Wisdom from Dr Suss....

I'd like to add: With the help of U3A

Look forward to seeing you all at our next coffee morning!