



Spring 2025 newsletter

Ex-Presidents Prattle...

PLEASE STEP UP!

I know it's simple to be part of an organization when everything is running easily and smoothly...from time to time changes must be made for the continuation and growth of the group..

That time has come for our Hastings U3A to determine a new President for the next 3 years.....

We have about 150 members and I know someone will STEP UP and take over this very rewarding, stimulating and challenging opportunity..

PLEASE STEP UP!

I am stepping down as the President, a role that I have enjoyed for the past 4 years.

We cannot be without a President. I will remain on the committee and will be delighted to mentor, coach and help our new person take over...

We have 5 meetings a year and an awesome committee to keep everything up to date and running smoothly so the job can be easily managed and implemented.

I have spoken to several people whom I believe would make excellent leaders for our amazing group.. Maybe you could reconsider your decision.

If so, please call me on 021632889. Call me if you would like to know more about this role....I have loved being the President. I have learned heaps and met many wonderful and engaging people..

That's all from me now...Thanks to you all...what a stunning group of special people... You have made my job delightful....

This newsletter is in preparation for the AGM and setting up for another magic U3A New year

All the forms are attached with our newsletter.. Please let me know if you require these forms to be printed for you so I can get them into your mailbox before the AGM. Call or txt me on 021632889. These forms will also be available at the meeting if needed.

This year's AGM will be held on:

Tuesday 11th November 2025

At: Bridge Club rooms 911 Railway Road at 9.45am

Beginning with our usual scrumptious morning tea and chat time (Thanks to Diane and the team)

We will begin our meeting at about 10.15 am

Please find attached

The minutes of last year's meeting. We will assume that you have read them before our meeting.

- **Nomination forms** for the new president and committee. The **committee** will remain as it is... and we are always happy to have newcomers.
- **Enrolment Forms**
- **List of the groups**..there have been some changes and a new group is starting up.
- **Daily Group Schedule.** Please tick the groups you wish to attend even if you have been with that group this year.....
- **Subs are due** at the AGM. Please pay \$15 for the year. **No payment for those 90 or over .. congratulations to you all..** Remember..tick the box to let us know if you are 90 or over.

New Group

“Just Knitting” with Angela Castle.. on Wednesday afternoons from 2 to 4p.m beginning in February, date to be advised. Limited to 10 people..

Our speakers: Kathryn Perks and Alysha Macaulay:

Kathryn Perks returns to remind us about the importance of preparing for end of life and once again share with us her end of life planner and workbook, 'When I Die'.

'When I Die' is a helpful resource in which to record all the 'other' stuff that may not be recorded in your will, such as personal identification information (required for death certificate), contact details and how to notify family, friends and professionals, preference for body disposal, funeral/memorial service, financial (bank accounts, income, business and property ownership), memberships, subscriptions, insurances, distribution of items not included in your will, on-line registrations etc.

The 'When I Die' workbook puts everything in one place and is designed to assist your family, legal professional and executor with the administration of your estate. Copies of 'When I Die' will be for sale at \$25 each, with payment by cash or bank deposit.

Our second guest speaker is Alysha Macaulay from 'Grief to Peace'. Alysha is a compassionate end-of-life doula who is deeply committed to supporting those in the community who may be facing life-limiting diagnoses or disease. Alysha offers spiritual, physical, practical and logistical guidance through their unique journeys, whether it be toward remission, continued treatment, or peaceful end-of-life care.

Alysha is also a visionary funeral celebrant. With a profound understanding of love and loss, she designs bespoke tributes that honour cherished memories and ignite a renewed passion for living a life of purpose.

Christmas Cakes:

There will be a few of the yummy Lions Christmas cakes available at theAGM...

Come prepared, they sell in a flash !!!

A great buy at \$25 each,

Please bring cash if you would like to take one or more home with you....

Remember - it is time for someone to step up and take on the role of President...

I have so enjoyed my time as President... and have sure learned lots.. and thanks to the stunning committee who have made my jobvery fulfilling..

